



Intensive Workshop

feeltone

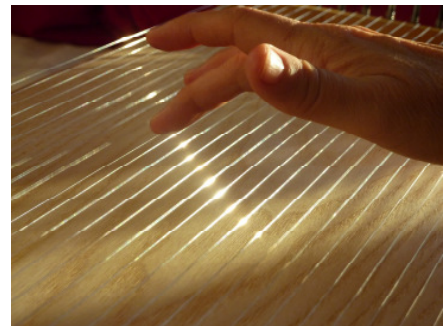
Monochord and Sound Massage

with English translation

June, 3rd 3pm – June, 10th 2pm 2015

We are proud to announce that we are offering this intensive for the first time in english for our english speaking customers in June 2015. The one week intensive includes the basic course: The “Secret of the Monochord” and the advanced training “feeltone sound massage”.

We recommend this training for everyone that would like to learn more about the versatility of the monochord, how to play a monochord and how to integrate it into Sound Mediations and Sound Massage for personal use or in their professional settings.



Basic Seminar: The Secret of the Monochord.

The monochord is one of the oldest string instruments, which Pythagoras used too and lead to his discovery of the harmonical laws of nature. In our fast life the monochord with its overtone rich spherical sounds can help us to find equilibrium and tranquility, support our meditations and invites us to dream. The Monochord is a versatile friend for everyone and not only for musicians, accompanying us while singing, chanting or during storytelling.

The monochords are widely used but many people still have questions on how to use them and how they effect others. Are they really simple to play? How can they be used in therapeutic, social or pedagogic settings? Which of the different kind of the monochord instruments is best for my needs? How can I play the instrument, rejuvenate, find inner balance and use the instrument to give a sound massage to another person? These and many more questions will be answered in this training.

The basic seminar is a hands on seminar and through demonstrations and practical exercises you will learn how to use the monochord for mediation, in different sound massage settings or to accompany your voice work.

In the workshop allow yourself to be carried by the sound and spheres of the monochord, receive and relax and learn more about the world of the monochord.



Seminar topics:

- History of the Monochord
- Organology
- How to tune and play the monochord
- hands on exercises and learning about different playing techniques
- Introduction into the sound massage and sound mediation
- Everyone is welcome to attend and no musical training or knowledge is necessary to learn to play the monochords. Enjoy the experience, explore new sound spheres and engage your curiosity and enjoy tranquility and equilibrium.

Advanced Seminar: feltone Sound massage

The second part of the training builds onto the Secret of the monochord training with the focus on learning more about the feltone sound massage. You will have the opportunity to experience and play the different sound furnitures like the soundwave, monochord table, singing chair and the different body monochords and learn how the sounds and vibrations massages the body and induce a deep sense of relaxation.



The basic of the sound massage is the ability to create a Sound carpet. This playing technique creates an overtone rich, vibrational sound field that supports one to focus inside and creates a sense of depth and well beingness within the player and the listener. This allows you to understand the basics of Sound mediation and Sound Massage and get a better understanding on how to use these qualities in the different professional fields of work. The goal of this seminar is to give you the tools you need to work with the instruments in a sensible, intuitive and caring way respecting the needs and boundaries of your clients. With these tools you will be able to use the monochords in your professional setting for sound massage and sound mediation.

Topics of the advanced Seminar

- The basics of working with sound.
- More in depth monochord playing practice
- Application and working principals of the monochord
- Example Sound Massage Session
- Demonstrations of Sound massage and Sound Mediation session
- Executing sound massage sessions on the different feltone instruments
- Examples on how to use the monochords in practical settings, limitations,
- time to reflect, exchange experience, discuss and integrate different approach

If you would like to become certified as a feltone sound massage practitioner you need to complete a supervised treatment with one of the sound furnitures and 7 documented sound massage or sound mediation sessions.



Date: June, 3rd, 3pm – June, 10th, 2pm
2015, total 6 days.
June 6th is free – “Hollertreemarket” in Klein-Jasedow with Musik and Networking, Handicraft booth.

Cost: 890,00 €

Good Food: 6 days 3rd to 5th and 7th to 10th is total 112,- €, the free 6th you can get good food on the market.

Location: Practice Ma-Mer
Martina Glaeser-Boehme, Yellow House in 17440 Lassan -Pulow and at Boehme music – feltone, Am Sonnenacker 2, 17440 Lassan-Pulow

Reservation, Questions and Lodging: Contact Andre` Schuster from feltone products under service@boehmemusic.com or 0049-38374-55918-0

There are apartments, holiday flats or tipis for rent. Andre will take care of your wishes and preferences. Tipi breakfast, 8,- €

Looking forward to hear from you, Ingo Boehme, Martina Glaeser-Boehme and the feltone team