

Advanced training course - Level II

This advanced training course builds on the basic seminar and teaches the basics in "Feeltone Sound Massage - Sound Therapy":

The participants become familiar with the different sound furniture and body monochords and experience how sounds massage and lead to a deep relaxation.

They deepen the monochord play and learn to create different timbres and individual overtones, tensions and waves.

To further internalize these playing techniques and to expand our listening makes it possible to play with time and space even more consciously in the oceanic sound space, without getting lost in it.

The skills gained allow us to immerse more deeply with the sound, silence, and state of being. We also learn to connect ourselves and the universe, and to accompany other people on this journey.

With this training, you get the ability to individually design sound massages, sound meditations and sound journeys. You will learn how to use monochords or sound furniture in treatment, what applications there are, how the timing can be, and how to combine the sound with your other therapies or work.

An important goal in this seminar is to develop the competence to create a deep connection between the sound and the client.

After this advanced training course, you will be able to independently carry out sound meditations and include sounds with the monochord in your work.

Topics of the Advanced Training Course - Level II

- Basics of sound work
- Exploration of the various monochords and sound furniture and their applications
- Extended knowledge of the principle of action
- Deepening of the monochord play
- Conversation techniques: pre-and post-conversation, empathy, communication free of judgments
- Setting and procedure of a sound massage
- Demonstration of sound treatment & meditation