

Advanced training course - Level III

The third block is intended to consolidate your playing skills and competencies. You will practice again the exchange of sound treatments and relax more and more by the deeper experience. Your play and your own listening will be refined and you will become more competent with the instrument monochord.

You learn that monochord sounds can lead to trance and that there are different states that you can consciously switch to. You will be able to accompany people safely and competently into trance states.

You will learn the effects of different tones and intervals.

Even nonprofessional musicians will reveal how the sounds can work in this world, which has to do with musicology, through hearing and feeling.

A new aspect is the rhythm on the instrument. Flowing, elusive sounds combined with rhythms and clear structure. Creating new playing techniques with rhythm brings a lot of fun into the play and sets no limits to one's creativity.

Furthermore, you will learn to combine sound treatments, meditations and sound journeys with the monochord and with other instruments. You will learn which instruments harmonize with each other and which elements fit together in the cycle of fire, water, air, earth and ether. There is a large selection of instruments available in our showroom.

Topics of the Advanced Training Course - Level III

- Exchange of sound massages with different sound furniture and with the body monochord
- Reflection and concentration: how do I want to bring the sound further into my life and / or into my work, what is particularly interesting for me?
- Trance - background - insight into supporting and accompanying approach
- Rhythm - Grounding - Creativity - Performance
- Effect of the monochord: with different tones, intervals, harmonies and disharmonies
- Monochord in interaction with other instruments - elementary cycle, combination possibilities
- Sound meditations and sound journeys - differences, deepening, implementation